

Spokane Figure Skating Club *U.S. Figure Skating Parent Code of Conduct*

Spokane Figure Skating Club (the “Club”) and **Lake City Figure Skating** (a Basic Skills program of the Club) are committed to creating a safe and positive environment for members’ physical, emotional and social development and ensuring that it promotes an environment free of misconduct. Misconduct includes emotional, physical, and sexual abuse, as well as bullying, harassment, and hazing.

Preamble: The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles: respect, responsibility, fairness, caring, trustworthiness, and good citizenship. The highest potential of sports is achieved when competition reflects these “six pillars of character” (Arizona Sports Summit Accord).

As a parent of a member, I will:

1. Encourage good sportsmanship by my actions, demonstrating positive support for all skaters, coaches, and officials at every practice, competition, and test session.
2. Place the emotional and physical well-being of my child and others ahead of my desire to win.
3. Encourage my child to skate in a safe and healthy environment by maintaining a respectful and courteous attitude to others.
4. Promptly inform my child’s coach of any physical/mental disability or challenge affecting my child that may affect the safety of my child or others.
5. Teach my child that doing his/her best is more important than winning.
6. Do my best not to ridicule, bully, blame, or yell at my child or other skaters, coaches, officials, or volunteers in response to a poor performance or for any other reason.
7. Do my best to make skating fun at all times and will remember that my child participates in sports for his/her own enjoyment and satisfaction.
8. Teach my child to treat other skaters, coaches, fans, volunteers, officials, and rink staff with respect, regardless of race, creed, color, sexual orientation, or ability. I will also take action and report any acts of bullying, harassment, or abuse to the appropriate authorities.
9. Applaud any effort in both victory and defeat, emphasizing positive accomplishments and learning from mistakes.
10. Teach my child to resolve conflicts calmly and peacefully, without resorting to hostility or violence.

11. Be a positive role model for my child and others.
12. Demand a figure skating environment for my child that is free of drug or alcohol abuse and agree that I will not use or provide to a third-party any illegal drug prohibited by applicable federal, state, or municipal law.
13. Not assist or condone any athlete's use of a banned substance as described by the International Olympic Committee, International Skating Union, United States Olympic Committee, or U.S. Figure Skating or, in case of athletes, to use such drugs or refuse to submit to properly conducted drug tests administered by one of these organizations.
14. Expect my child's coach to be in compliance with all requirements of U.S. Figure Skating and the Professional Skaters Association, to continue their education and training through programs offered by U.S. Figure Skating, the Professional Skaters Association, and other accredited organizations.
15. Respect my child's coach and refrain from "side line" coaching my child or other skaters; remain away from the ice during freestyle sessions or competitions.
16. Educate myself regarding the proper procedures to follow when establishing or terminating the coaching relationship and refrain from third-party solicitation, as outlined on the PSA ("Professional Skaters Association") website.
17. Respect the decisions of officials, their authority and decisions during competitions and test sessions, and teach my child to do the same.
18. Show appreciation and recognize the importance of volunteers and Club officials. I will fulfill my responsibility to help my Club with membership, special projects, competitions, and test sessions.
19. Become familiar with the rules of U.S. Figure Skating and teach my child accordingly.
20. Support and respect all skaters and their right to participate.
21. Direct all issues or concerns exclusively to our coach, the Club communication liaison, or a Club board member.

Code of Conduct Violations:

Violations of any tenets will be addressed at the time they occur by a member of the Club board of directors following the procedures outlined in the conflict resolution process below.

First offense:

Parent will be addressed verbally (in private) by the director, president, board member or coach regarding the violation within one week of the event, or before the skater returns for ice time.

Second offense:

If there is a second violation, the parent will be immediately removed from the activity, receive a letter of reprimand from the board explaining the consequences of repeated offenses, and up to a 30-day suspension from Club-sponsored activities and performances for the skater.

Repeated offenses:

Repeated offenses by the parent are subject to permanent suspension of Club membership for the skater and notification of Club suspension sent to U.S. Figure Skating.

Spokane Figure Skating Club Code of Conduct Agreement Form

(this form must be signed and dated)

By signing below, I acknowledge the following:

1. I have received, read, had an opportunity to have questions answered, and understand the Club's Code of Conduct.
2. I understand that the terms of this agreement are in effect while my child is a member of or participating in activities of the Club.
3. I accept the Club's Code of Conduct, and understand that violation of this agreement can result in my child's removal from the ice, and disciplinary action from the Board, up to and including suspension of my child's membership in the Club.

Name (Printed)

Signature

Date

Name (Printed)

Signature

Date